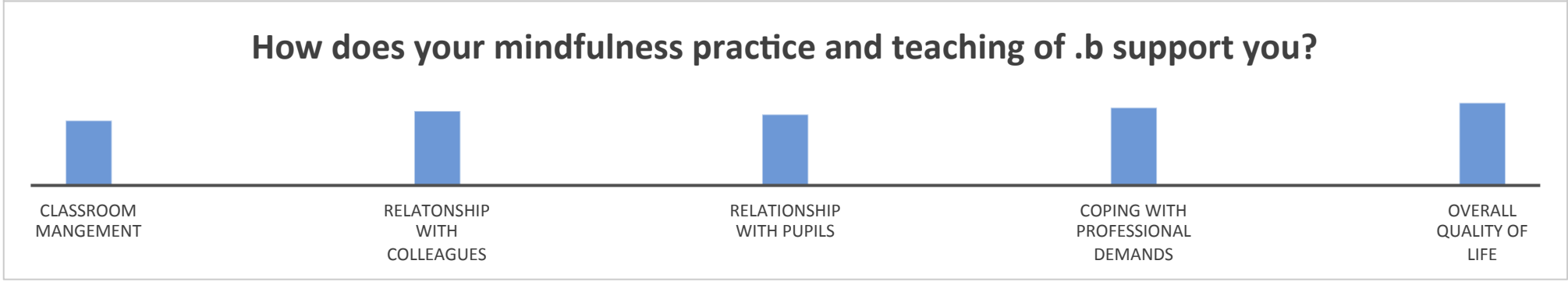
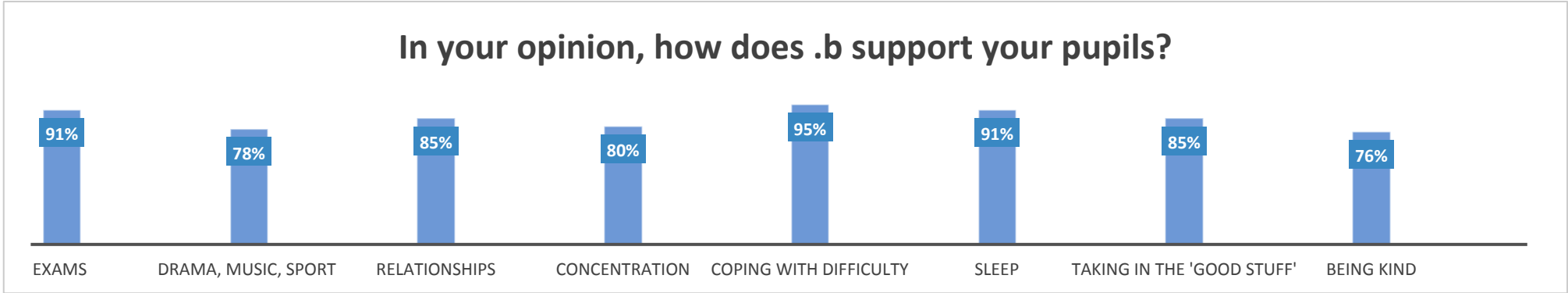
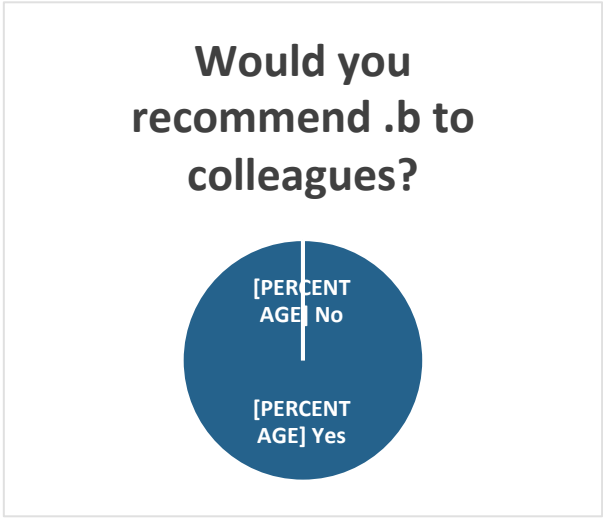
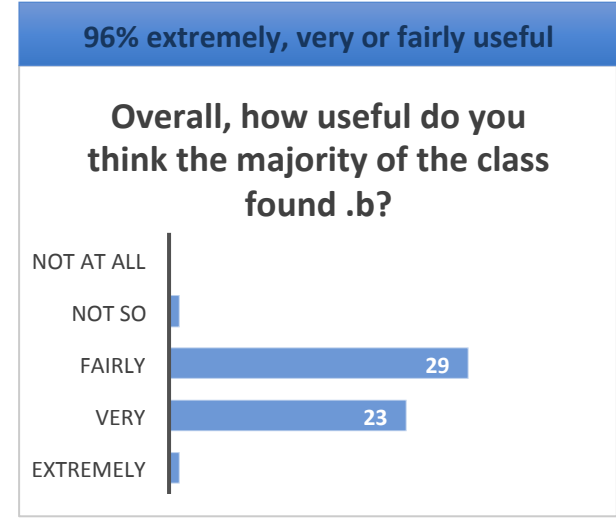
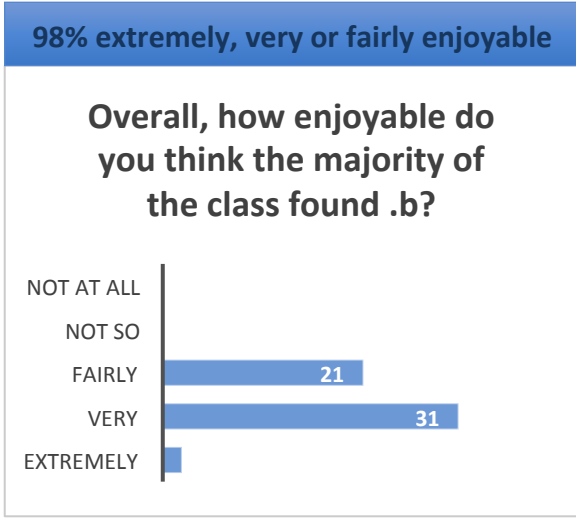


Teacher Perceptions of .b

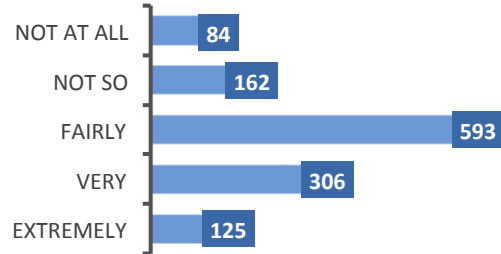
57
Teachers



Pupil Perceptions of .b

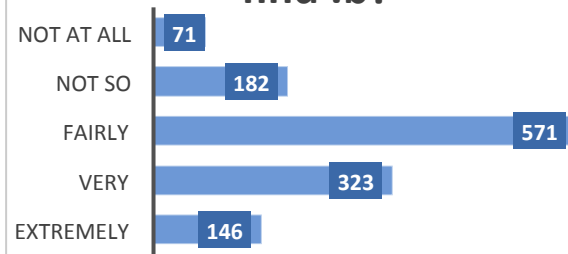
78% found the course extremely, very or fairly enjoyable

How enjoyable did you find .b?

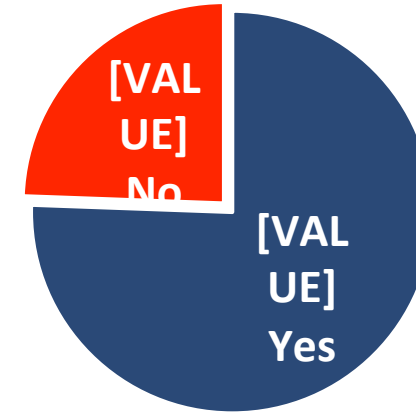


79% found the course extremely, very or fairly useful

How useful did you find .b?

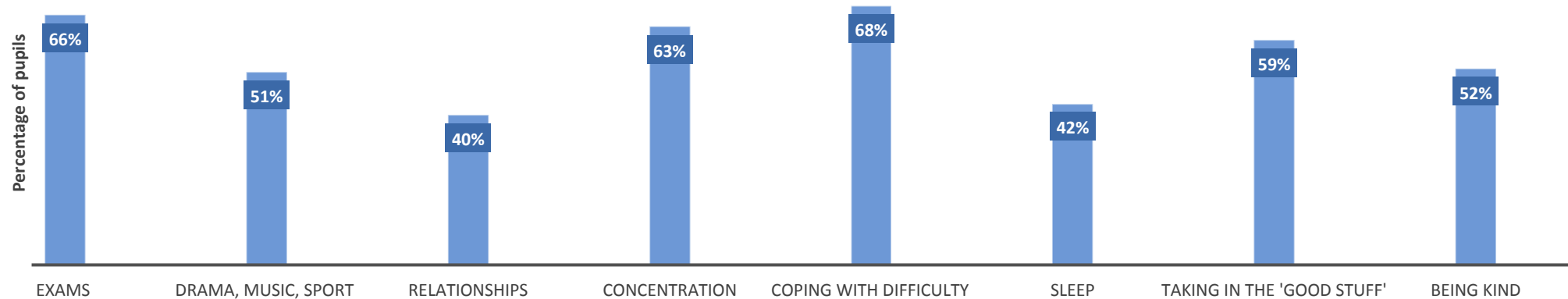


Would you recommend .b to friends?



1324 pupils

.b supported pupils in the following ways



Headlines

98% of teachers said the majority of their class found .b extremely, very or fairly enjoyable

96% of teachers said the majority of their class found .b extremely, very or fairly useful

100% of teachers said they would recommend .b to colleagues

95% of teachers said .b supported their pupils in coping with difficulty

93% of teachers said mindfulness practice and teaching .b supported their overall quality of life