

How To Bring Mindfulness To Your School



invites you to find out more about mindfulness in schools:

What is
mindfulness?

How MiSP can help you
learn to be mindful,
teach mindfully and teach
mindfulness

Hear stories from teachers
and pupils about
their experience of
mindfulness in school

Wednesday 3rd May 2017

3.30pm-6.00pm

The Dronfield Henry Fanshawe School,
Green Ln, Dronfield S18 2FZ

There will be **no charge** for this event. Places are limited so please book yours by emailing:

hsydenham@dronfield.derbyshire.sch.uk or
enquiries@mindfulnessinschools.org

MiSP is a Registered Charity, No. 1168992 established in 2009. Its aim is to bring mindfulness to all young people and those who care for them. We would like to keep you in touch with the latest from MiSP and will add you to our mailing list when you apply for this event. You will be able to opt out at any time.