



## Teaching Mindfully

How to build mindfulness into the school day

PRACTICE • TALKS • CASE STUDIES

## Mindfulness in Schools Project

certify that

## Attended the

## MiSP Teaching Mindfully Conference

online on

Saturday June 20th 2020



**Richard Burnett** 

Founder & Chair of Trustees, MiSP



MiSP is a Registered Charity, no. 1168992, est. 2009.

Bringing mindfulness to young people and those who care for them

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