

# A whole school and college approach to mental health and wellbeing

**Mindfulness in Schools Conference**

*Saturday 18<sup>th</sup> June, 2022*



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## Resources

- **PHE & DfE guidance on implementing whole education approaches**
- **Mentally Healthy Schools**
- **Association of Colleges Mental Health & Wellbeing Charter**
- **Association of Colleges supporting wellbeing for college leaders resource pack**
- **MindEd Education Hub**
- **Resources from Education Support on boosting staff wellbeing**